



*Università degli Studi di Firenze*  
*Facoltà di Medicina e Chirurgia*



Azienda Ospedaliera Universitaria Careggi



FC Barcelona



ACF Fiorentina

## First Announcement Preliminary program

# 1<sup>th</sup> European Meeting on Sports Medicine and Exercise “what to know and how to do it”

Florence 8-9 October 2009  
Aula Magna Facoltà di Medicina

## **Chair Persons:**

Andrea Della Valle ACF Fiorentina's President

Gianfranco Gensini Faculty Medicine's Dean

Joan Laporta FC Barcelona's President

Edoardo Majno General Manager AOU Careggi

Marcello Lippi Italy's Team Coach

## **Scientific Committee :**

Ramon Canal, Giorgio Galanti, Ricard Pruna , Paolo Manetti

## **Organizing Secretariat:**

Giorgio Galanti, Loira Toncelli, Laura Stefani, Maria Concetta Vono

Scuola di Specializzazione di Medicina dello Sport

Agenzia di Medicina dello Sport e dell'Esercizio AOUC

Università degli Studi Viale Morgagni 85 Firenze

**Informations:** Monica Gherardi [segreteria.simse@simse.org](mailto:segreteria.simse@simse.org)

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# First Announcement

## Preliminary program

### **Thursday October 8th**

**Symposium :** What to know:General Aspects

Chairs M.Gulisano

11,30 Soccer' Heart G.Galanti

11,50 Soccer' Muscle C.Tesi

12.10 Oxidative Stress N.Taddei

12.30 Soccer' Nutrition A.Casini

12.50 Discussion

### **13.00 Lunch**

**Higthlighed Symposium:** What to Know:Soccers Issues

Chais G.Capua

15.00 Fiorentina Project : P.Corvino V.Vergine

15.20 Training evaluation in young soccers. M.Marella E.Castellini,M.Levi

15.40 Training Evaluation F.Espar

16.00 The field Experience GB. Venturati R.Casellato

16.20 Idration and supplementations M.Giampietro

### **16.40 Discussion Break**

**Symposium :** "Waht to know and how I do ACL reconstruction"

Chairs M. Innocenti M. Marcacci

17.00 Traumatic epidemiology and ACL lesion mechanism in modern soccer P.Volpi

17.20 Patellar tendon graft L. Felli

17.40 Hamstring tendons graft A. Ferretti

18.00 Double bundle ACL reconstruction F. Giron

18.20 Synthetic grafts G. Cerulli

18.40 Discussion

## **Friday October 9th**

**Symposium:**"Waht to know and how I do:Musculoskeletal lesion and rehabilitation"

Chairs E.Castellacci A.Causarano

9.00 Epidemiology Clinical Diagnosis F.Combi

9.20 Diagnostic echo imaging D.Fiumicelli

9.40 Diagnostic Imaging G.Monetti

10.00 Shoulders M.Bertoni

10.20 discussion

Break

**Clinical workshop I:** "Waht to know and how I do:Musculoskeletal lesion and rehabilitation"

Chairs Pasquetti P M.Manara

11.00 Preventive factors:Cruciate ligaments L.Till

11.20 Rotula Tendinopathy R.Pruna

11.40 Ankle A.Andorlini S.Dainelli

12.00 Prevention of Groin Pain A.Altaribba

12.20 New Echo Method : the elastography A.Moretti

12.40 Discussion

**13.00 Lunch**

**Tutorials lectures:**

**Chairs**

15.00 The ARP Method advantages and limitation P.Manetti

15.20 Back Pain in athletes G.Pellicanò

15.40 The young athlete V.Di Tante G.Serni

16.00 Allergy and food O.Rossi

16.20 Immune response and sports A. Matucci

**Break**

**Special Event**

**17.00 Round Table :**

**The professional'athlete return to play:body and mind**

The role of physician , psychologist ,trainer ,physiotherapist, Coach

Chairs R.Ulivieri

Discussant : L.Belloni ,C.Prandelli ,D.Tognaccini

**19.00 Close remarks**

## Chairs and Speakers

Alberto Andorlini Physiotherapist AC Siena

Alberto Altarriba Trainer A FC Barcelona

Laura Belloni Psychiatrist Careggi Hospital

Paolo Bertelli Tainer AS Roma

Maurizio Bertoni Orthopedic Florence

Giuseppe Capua Chief of Sports Medicina Center Rome

Reanzo Casellato Trainer ACF Fiorentina

Alessandro Casini Associate Professor of Gastroenterology Univ of Florence

Enrico Castellacci Team Physician Italia F.C.

Elena Castellini Researcher Univ. of Florence

Andrea Causarano Team Physician AC Siena

Giuliano Cerulli Professor of Orthopedics Univ Perugia

Franco Combi F Team Physician Inter F.C.

Pantaleo Corvino General Manager ACF Fiorentina

Stefano Dainelli Physioterapist ACF Fiorentina

Valentina Di Tante V Researcher University of Florence

Francisco Espar Trainer FC Barcelona

Lamberto Felli Professor of Orthopedics Univ of Genoa

Andrea Ferretti Professor of Orthopedic Univ of Rome

Diana Fiumicelli Radiologist Careggi Hospital

Giorgio Galanti Professor of Medicine Univ Florence

Michelangelo Gianpietro Nutritionist Rome

Francesco Giron Careggi Hospital Florence

Massimo Gulisano Professor of Anatomy Univ. Of Floerence

Massimo Innocenti Professor of Orthopedic Univ Florence

Matteo Levi Reaseach Center FIGC Coverciano

Massimo Manara Team Physician AC Milan

Paolo Manetti Team Physician ACF Fiorentina

Maurilio Marcacci Prof of Orthopedics Ist Rizzoli Bologna

Mario Marella Reaseach Center FIGC Coverciano

Andrea Matucci Careggi Hospital

Giuseppe Monetti Radiologist Bologna Hospital  
Pietro Pasquetti Chief of Physioterapy Careggi Hospital  
Gianni Pellicanò Radiologist Careggi Hospital  
Cesare Prandelli Coach ACF Fiorentina  
Ricard Pruna Fc Barcelona Team Physician  
Oliviero Rossi Careggi Hospital  
Giovanni Serni Team Physicaina ACF Fiorentina  
Niccolò Taddei Professor of Biochemistry Univ Florence  
Chiara Tesi Professor of Physiology Univ. of Florence  
Luis Till FC Barcelona Physioterapist  
Daniele Tognaccini Trainer AC Milan  
Reanzo Ulivieri Chief of Italian Coach Association  
Vincenzo Vergine Manager ACF Fiorentina  
Piero Volpi Istituto Pini Milan  
Gianbattista Venturati Trainer ACF Fiorentina

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